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of the European Union



# ERIFAL

Exchange of Practices For Disadvantaged People

## AGE NI LOVE LATER LIFE

**Age NI** is the leading charity in Northern Ireland dedicated to helping everyone make the most of later life. We believe in a world where everyone can love later life and we work every day to achieve this.

**Age NI** help thousands of people every year, providing companionship, advice and support for older people who need it most.



## Vision

**“a world where everyone can love later life”**

*“There are more people in Northern Ireland aged 55+ than 18 and under. As we grow older we face new challenges, and possibly concerns like illness, poverty or ill health. But that doesn’t stop us being ourselves.*

*We still want to laugh, love and be needed. We want to stay independent and keep doing the things we love. We all want a fulfilling later life.*

*That’s why Age NI is here. To support those who need us, to stand up for all those who have reached later life, and protect the long-term interests of future generations. We believe that living longer should be celebrated.”*



## Age NI Services

### Advice & Advocacy

Age NI provide free information and advice to help older people on topics as diverse as claiming benefits to care homes. Every year the Advice Service deals with more than 10,000 calls from older people in need.

**Call freephone 0808 808 7575**  
8am – 7pm 365 days a year

### Care and Wellbeing Services

Age NI provides Day, Residential and Domiciliary care to 1,200 clients every week in centres across Northern Ireland making a real difference to older people in Northern Ireland.

### Reminiscence

Reminiscence is the act or process of recalling and sharing one's memories. It can have a powerful impact on older people and especially those living with Dementia.



## Other Services

### Age Sector Networks

Age NI has helped build an infrastructure of 11 networks bringing together older people's groups across NI to strengthen the regional voice of older people and support them to influence important decisions on local policy and services

### Policy and Engagement

Age NI educates, campaigns and lobbies to ensure that older people's issues are represented at the highest level.

### Products and Services

Age NI provides products and services specifically designed for older customers such as the Age NI Personal Alarm, tailor-made to support people aged over 50



<b>Key Area:</b>	<b>In Numbers:</b>	<b>Our Impact:</b>
<b>Advice &amp; Advocacy</b>	<b>11,200</b> calls for free advice, advocacy and information to Age NI Advice Service Identified	<b>£1.8M</b> unclaimed benefits
<b>Care Services</b>	<b>95,000</b> engagements to frail, dependent older people plus specialised dementia support in our residential, day and domiciliary care facilities	<b>100%</b> of family members feel their relatives are treated with dignity
<b>Community Navigators</b>	<b>803</b> referrals from individuals, healthcare professionals and the community & voluntary sector for people 50+ to remain independent	<b>66%</b> of service users reported feeling more connected to people after 6 weeks
<b>First Connect</b>	<b>746</b> older people offered dedicated emotional and practical support at difficult times in their lives	<b>100%</b> of service users felt emotionally supported
<b>My Life My Way</b>	<b>2170</b> volunteer visits provided emotional and practical support to older people with dementia and their carers	<b>97%</b> of respondents reported improved confidence
<b>Memory Link</b>	<b>994</b> older people supported following a diagnosis of dementia	<b>2774</b> hours of contact with older people



<p><b>Living Well</b> <b>Moyle</b></p>	<p><b>123</b> older people living with chronic conditions supported to reconnect with the local community and live better, happier and healthier lives in their own homes</p>	<p><b>51%</b>of service users experienced a reduction in isolation/loneliness</p>
<p><b>Engagement</b></p>	<p><b>110</b> nursing staff in 11 hospital wards received 24 action learning sessions from Age NI peer facilitators</p>	<p><b>4</b> Age NI Peer Facilitators led our Project Retain training for nurses</p>
<p><b>Policy</b></p>	<p><b>50</b> MLAs elected in 2017 signed up to act as Age Champions in the Northern Ireland Assembly</p>	<p>Stormont MLAs Age Champions</p>
<p><b>Fundraising</b></p>	<p><b>£732K</b> raised for Age NI services through our fundraising activities</p>	<p><b>£24,784.35</b> raised by volunteer fundraising activities</p>
<p><b>Volunteers</b></p>	<p><b>400</b> volunteers raising funds, providing support and promoting the voice of older people</p>	<p><b>96%</b> of volunteers enjoy their roles</p>



To find out more about Age NI

Visit: [www.ageni.org](http://www.ageni.org)

Call: 028 9024 5729

Email: [info@ageni.org](mailto:info@ageni.org)

